

The Ilkley Two Day



Saturday 30th & Sunday 31st
May 2015

Race Manual

Promoted under British Cycling
Technical Regulations

2015 Ilkley CC – Ilkley Two Day Race Manual

Introduction

Following on from last year's inaugural event this year's version sees a few small changes as we look to improve the overall race format. The addition of a prologue time trial, a change in the team time trial course and one HQ location for the weekend should hopefully help add to last year's success.

Twenty six teams of three riders will contest the weekend racing activities which will consist of a 1.5 mile prologue on Saturday morning followed by the first road stage (55 miles) in the afternoon on the classic Penny Pot circuit. Sunday's racing starts with the 5.5 mile team time trial across the moors and then the final stage, 45 miles around the tough Darley /Dacre Circuit. After four hard stages we should see worthy winners for all the leaders' jerseys.

As per all open British Cycling road races in North Yorkshire, Traffic Management is a requirement and will be in place at junctions on the course. Riders are required to comply with traffic law and regulations, the Highway code and to obey directions from Police, Commissaires, Marshalls and Traffic Management personnel. Failure to do so renders rider/teams liable to time penalties, possible disqualification and potential further action.

Riders who participate in this race do so entirely at their own risk and must rely on their own ability in dealing with all hazards. They must ride in a manner which is safe to themselves and others.

Please ensure you do not leave rubbish either at the race HQ or out on the course, one particular problem is energy gel packets, any rider seen throwing these to the side of the road will be liable to a time penalty, possible disqualification and potential further action

No Licence – No Ride

No Helmet – No ride

Have a great safe race and we hope you enjoy the event.

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List of officials

Commissaire	John Hulin
Assistant Commissaire	Jonny Wray
Judge 1	TBD
Judge 2	TBD
Race Time Keeper	Liz Barratt
Race Organiser:	Tim Gill 07889642121 2day@ilkleycyclingclub.org.uk

Race HQ

The HQ for the weekend will be Darley Memorial Village Hall, Sheepcote Lane, Darley, HG3 2RP. There is ample parking at the village hall so please avoid parking on the narrow roads nearby. The HQ will to be open to riders from 8:45 on both.

Please make sure you respect the village and remove any litter or rubbish when you leave.

First Aid

First aid cover is being provided by EMS.

Race Cafe

There will be refreshments available during the event; these will be provided in the Village Halls and all profits will be donated to the Yorkshire Air Ambulance.

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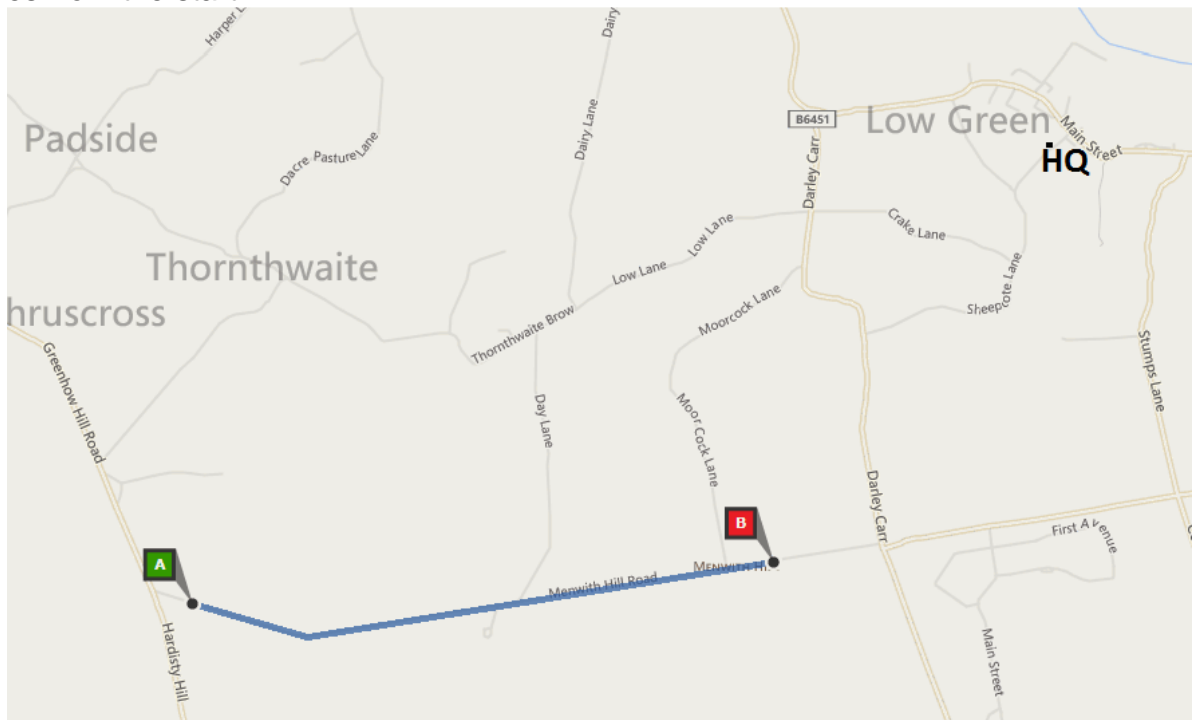
Saturday 30th May - Stage 1 Prologue (1.5 mile)

Pre-Race timings

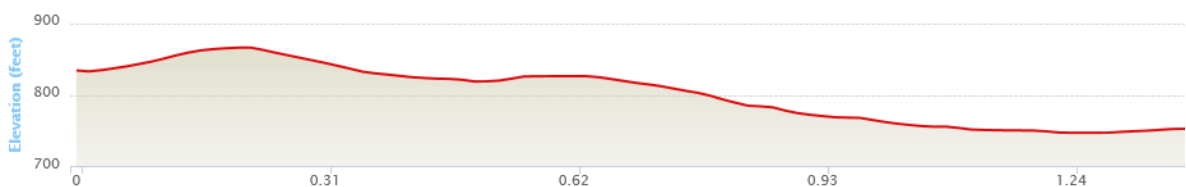
8.45	HQ opens for riders.
9.00	Signing on opens
9.30	Race / Commissaries Briefing at the Village Hall. All riders must attend
10:01	First rider starts the prologue. Riders will set off at minute intervals as per rider's race number
Note	The start is 2-3 miles from the HQ so allow plenty of time to get there. Turn left out of the HQ, up the hill, left at the B6451 Junction. Take the right into Menwith Hill Road and the TT finish will be around 500 yards. Retrace the TT course to the start which is at the far end of Menwith Hill Road.

Course details (Menwithhill Road, ~ 1.5miles)

Start on the Menwithhill road, approximately 250 yards east of the Greenhow Hill Road junction. Continue East along Menwith Hill Road until the finish approximately 1.5 miles from the start.



Profile



Please ensure you are familiar and follow the notes on Page 12 “Additional Notes for the Prologue and Team Time Trial stages”

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Saturday 30th May Stage 2 Road Race (55 miles)

Pre-Race timings

12:45	Signing on opens
13:30	Race / Commissaries Briefing at the Village Hall. All riders must attend Race Leaders jerseys presentation.
13:40	Riders to line up behind the lead cars for a neutralised ride to the start. This is around 5 miles and crosses the busy A59
14:00	Race start (Top of Bland Hill)
Note	There are a number of potholes on the circuit, please make sure you call them out to fellow riders. One stretch of road which is particularly bad is around half way along Penny Pot lane, about a mile before the Sprint Prime line.

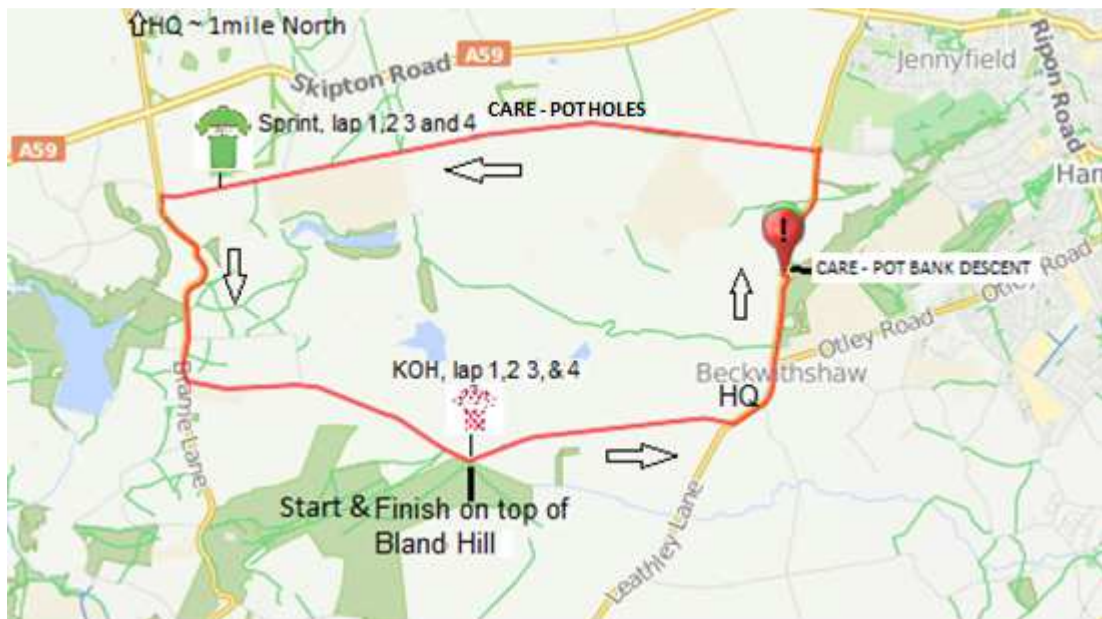
Course details (Penny Pot Circuit, 5 laps)

Intermediate Sprint at the end of Penny Pot Lane on laps 1,2,3 and 4

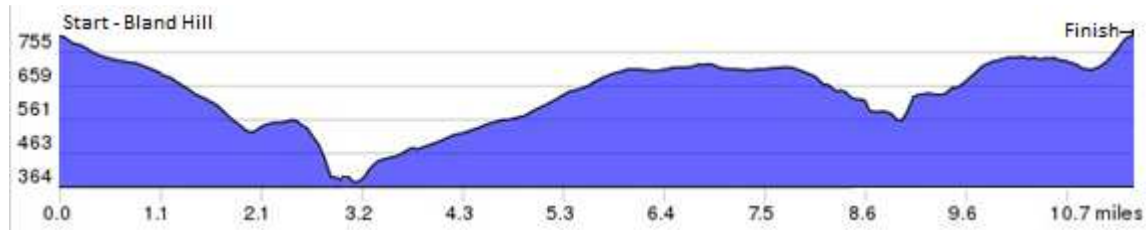
Hill Prime at the top of Bland Hill at the end of lap 1, 2, 3 and 4.

Finish on top of Bland Hill on the fifth ascent.

Stage results will be available at the HQ on completion of the stage



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Sunday 31st May Stage 3 Team Time Trial (5.5 miles)

Pre-Race timings

8:45	HQ opens for riders.
8:50	Signing on opens
9:15	Race / Commissaries Briefing at the Village Hall. All riders must attend Race Leaders jerseys presentation.
10:03	First Team starts Teams to go in the order of the start sheet at 3 min intervals
Notes	The start is 7-8 miles from the HQ so allow plenty of time to get there. Turn left out of the HQ, up the hill, left at the B6451 Junction. Take the right into Menwith Hill Road t.and the TTT finish will be around 500 yards. Retrace the TTT course to the start. Take care at the Stone Houses Cross Roads, although we have right of way this is a dangerous junction as is partly blind, Traffic Management will be in place to assist

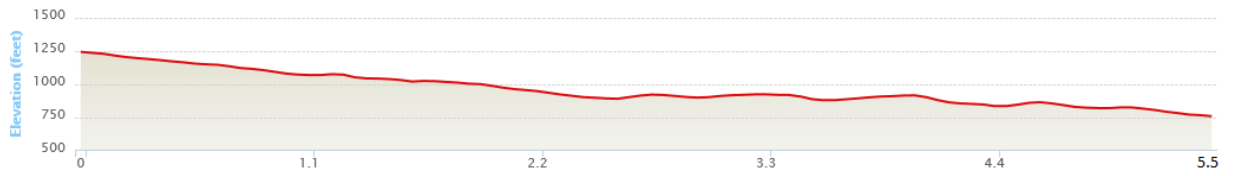
Course (Greenhow – Menwithhill Road ~5.5 miles)

Starting point is East of Greenhow on Duck Street Lane, just South of the Hansons Coldstones Quarry entrance. Continue South on Blakegate road, Sandy Gate, through Stone Houses (care for the cross roads) and then left onto the Menwith Hill Road, the finish is around a mile from the junction (same finish as stage 4 Road Race)



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Sunday 4th May Stage 3 Road Race (42 miles)

Pre-Race timings

12:00	Signing on opens
13:10	Signing on closes.
13:15	Race / Commissaries Briefing at the Village Hall. All riders must attend Race Leaders jerseys presentation.
13:20	Riders to line up behind the lead cars for a neutralised ride to the start
13:30	Race start

Course details (Darley/Dacre Circuit, 5¾ laps ~ 45 miles)

- The neutralised section will be from outside the HQ, until the climb towards the first left turn into Dacre Lane.
- The circuit combines some wide open roads and some narrow lanes with both fast sweeping descents and tricky twisty narrow descents. Care must be taken at all-time especially on the narrow Dacre Lane road
- The finish will be on the sixth time across the finish line which is on the Menwith Hill Road. After the finish riders must not turn in the road but continue to the HQ.



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Race Jerseys

Once again we are able to hold the traditional three race leader jersey competitions. Jerseys will be awarded prior to the start of the stages then at the end of the event for the overall leaders.

Race Leader Jersey



- The overall race leader based on ride time will be awarded the Yellow Leaders Jersey.
- The overall leader's jersey will be awarded at the start of Stage2, 3 and 4 and then the overall winner will receive the winners' jersey after the event.

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Hills Leaders Jersey



- The Hills leader will be the rider with the highest number of points at the end of the previous stage.
- The Hills leader jersey will be awarded at the start of Stage 3 and 4 and then the overall winner will receive the jersey after the event.
- There will be no jersey awarded after the Stage 1 Prologue

Hill Points

- Stage 1 (Prologue)
 - No Hills Points
- Stage 2 (Road)
 - Hill Prime :-
 - Will be on the top of Bland Hill on laps 1, 2, 3 & 4
 - There will be no Hill Prime at the finish (lap 5).
 - The first three riders across the Prime Line will be awarded 3, 2, 1 points.
- Stage 3 (TTT)
 - No Hills Points
- Stage 4 (road)
 - Hill Prime :-
 - Will be near the top of the climb just before the Stone Houses Crossroad. This will be on laps 0, 1, 2, 3 & 4. Lap 0 is defined as the first time across the prime line, this is not a full lap.
 - There will be no prime on the last lap.
 - The first three riders across the Prime Line will be awarded 3, 2, 1 points.

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Points Leader Jersey



- The Points leader will be the rider with the highest number of points at the end of the previous stage.
- The Points leader jersey will be awarded at the start of Stage2, 3 and 4 and then the overall winner will receive the jersey after the event.

Points

- Stage 1 (Prologue)
 - The first five riders; 5,4,3,2,1 points
- Stage 2 (Road)
 - Intermediate Prime :-
 - These will be located towards the end of Penny Pot Lane on laps 1, 2, 3 and 4. No sprint Prime on the last lap.
 - The first three riders across the Prime Line will be awarded 3, 2, 1 points.
 - The stage finish will carry points for the first ten riders; 10,9,8,7....1
- Stage 3 (TTT)
 - The first five teams; 5, 4,3,2,1 points.
 - Each rider in the team will receive the points
- Stage 4 (road)
 - Intermediate Prime :-
 - These will be located at the finish line on Menwithill Road; this will be on laps 0, 1, 2, 3 & 4. Lap 0 is defined as the first time across the prime line, this is not a full lap.
 - The first three riders across the Prime Line will be awarded 3, 2, 1 points.
 - The stage finish will carry points for the first ten riders; 10,9,8,7....

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Race Service

We are hoping to be able to provide a race service for both road stages. To support this Team will need to provide their own wheels, clearly marked up with your Team's name and Race Numbers. In doing so the Team will need to take full responsibility of the wheels whilst with the service crew. The service crew will be there to help you and will only try to service riders who have provided their own wheels.

Race Convoy

- No unofficial car will be permitted in the race convoy.
- Failure to follow this will render the Team to be liable to time penalties, possible disqualification and potential further action.

Additional Notes for the Prologue and Team Time Trial stages

- Road bike only – no TT bikes, tri-bars, disc. BC road bike rules apply.
- If a rider or team misses their start they will be given a time penalty and will need to follow the official's instructions as to their new start time.
- Riders must not circle round near the start, after the finish or warm up on the course once the stage has started. A one minute time penalty per rider may be enforced.
- The timekeeper's time is final; please do not approach them with your own times.
- No following vehicles will be allowed on the course.
- For the Team Time Trial, the timing will be taken on the final team rider across the line. This time will be for all riders in the team.

Completion of Stages

- A rider must complete the stage in order to start the next stage
- The commissaries will determine if there is a need for a cut off time which is typically 20% of the winner's stage time. This will be advised during the riders briefing.

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Competitors

Race #	Club/ Team Name	Rider's Name		Licence Category	Stage 1 Prologue Start Time	Stage 2 TTT Start time
1	Achieve Northside Skinnergate	Richard	Jones	2nd	10:01	10:03
2		Joel	Mcglynn	2nd	10:02	
3		Jack	Taylor	3rd	10:03	
4	Airedale Chemical RT	Daniel	Fox	3rd	10:04	10:06
5		Lloyd	Kellett	3rd	10:05	
6		Martin	Russell	3rd	10:06	
7	Albarosa Cycling Club	Thomas	Andrews	2nd	10:07	10:09
8		Andy	Cunningham	N/A	10:08	
9		Nick	Guest	3rd	10:09	
10	All Terrain Cycles	Peter	Barusevicus	2nd	10:10	10:12
11		Matthew	Bulmer	2nd	10:11	
12		Edward	McParland	3rd	10:12	
13	Audlem Cycling Club	Oliver	Atkin	3rd	10:13	10:15
14		John	Backhouse	3rd	10:14	
15		James	Wilkinson	3rd (J)	10:15	
16	BC Yorkshire - Juniors	Jake	Beach	2nd (J)	10:16	10:18
17		Alfie	Moses	3rd (J)	10:17	
18		Sam	Travis	3rd (J)	10:18	
19	Blumilk.com	Tom	Harcourt	3rd	10:19	10:21
20		David	Johnson	2nd	10:20	
21		Alan	Nixon	2nd	10:21	
22	Chester RC	Jamie	Fletcher	3rd	10:22	10:24
23		Thomas	Brazier	2nd	10:23	
24		Jimmy	Smith	2nd	10:24	
25	Chevin Cycles.com Trek	Hamish	Graham	2nd	10:25	10:27
26		Stefan	Macina	3rd	10:26	
27		Matthew	Williams	2nd	10:27	
28	Durham University Cycling Club	Matthew	Atkinson	2nd	10:28	10:30
29		Dominic	Cordner	3rd	10:29	
30		Matthias	Newsome	3rd	10:30	

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Race #	Club/ Team Name	Rider's Name		Licence Category	Stage 1 Prologue Start Time	Stage 2 TTT Start time
31	East London Velo	David	Bamford	2nd	10:31	10:33
32		Thomas	Beasley	2nd	10:32	
33		Christopher	Thomas	3rd	10:33	
34	Feather Cycles Racing	James	Fairbank	2nd	10:34	10:36
35		Ricky	Feather	2nd	10:35	
36		Kendal	Noctor	2nd	10:36	
37	Glasgow Nightingale CC	Ian	Fraser	3rd	10:37	10:39
38		Neill	Kemp	2nd	10:38	
39		Aaron	Smith	4th	10:39	
40	Harry Middleton Cycling Club	Andrew	Disley	2nd	10:40	10:42
41		Richard	Taylor	2nd	10:41	
42		Sam	Wood	3rd (J)	10:42	
43	HD Revolutions (HDR)	Michael	Harris	3rd	10:43	10:45
44		Timothy	Mansfield	2nd	10:44	
45		Geoff	Martin	2nd	10:45	
46	Ilkley Cycling Club	Ewan	Farrow	2nd	10:46	10:48
47		Lee	Morley	3rd	10:47	
48		Robert	Ormrod	3rd	10:48	
49	Knottingley Velo	Richard	Cross	3rd	10:49	10:51
50		Chay	Curtin	3rd	10:50	
51		James	Ward	3rd	10:51	
52	Langsett Cycles RT	James	Allen	2nd	10:52	10:54
53		Danny	Lowthorpe	2nd	10:53	
54		Andrew	Sedgewick	2nd	10:54	
55	Manchester Bicycle Club	Jonathan	Fowles	2nd	10:55	10:57
56		Mark	Nulty	3rd	10:56	
57		Christian	Smith	2nd	10:57	
58	PH-MAS Cycling	Alex	Fold	3rd	10:58	11:00
59		Thomas	Hebditch	3rd	10:59	
60		Andrew	Wooler	2nd	11:00	

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Race #	Club/ Team Name	Rider's Name		Licence Category	Stage 1 Prologue Start Time	Stage 2 TTT Start time
61	Prologue Racing Team	Archie	Cross		11:01	11:03
62		Dylan	Flesher	3rd (J)	11:02	
63		Julian	Varley	2nd	11:03	
64	Rapha Cycling Club	Christopher	Clark	3rd	11:04	11:06
65		Steven	Guymer	2nd	11:05	
66		Joshua	Voulters	3rd	11:06	
67	Royal Air Force CC	Martin	Pearson	3rd	11:07	11:09
68		Antony	Richardson	2nd	11:08	
69		Daniel	Watts	2nd	11:09	
70	Team ASL360	Mark	Emsley	2nd	11:10	11:12
71		Steven	Kane	2nd	11:11	
72		Peter	Morris	2nd	11:12	
73	Team Chronomaster	Craig	Battersby	2nd	11:13	11:15
74		Karl	Owen	2nd	11:14	
75		Kristian	Zentek	2nd	11:15	
76	www.Zepnat.com RT - GSG Clothing	Christopher	Barnes	2nd (J)	11:16	11:18
77		Nicholas	Barnes	2nd	11:17	
78		Kieran	Savage	2nd (J)	11:18	

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Prize list

Prizes										
Stage Prizes					Overall Prizes					
	Stage 1	Stage 2	Stage 3 (Team Prize)	Stage 4	Individual Overall	Team Overall	Hills	Points	Junior	Lanterne Rouge
1	£25	£40	£75	£40	£150	£100	£30	£30	£30	£20
2	£20	£30	£45	£30	£125	£75	£20	£20	£20	
3	£15	£20	£30	£20	£100	£60	£10	£10	£10	
4	£10	£10	£15	£10	£75	£30				
5	£5	£5		£5	£50	£20				
6		£5		£5	£40	£15				
7					£30					
8					£20					
9					£10					
10					£10					
sub total	£75	£110	£165	£110	£610	£300	£60	£60	£60	£20
Total	£1,495		Note / The Team Prizes (Stage 3 and Team Overall) are for a full team of three riders and based on total team ride time.							

The prize presentation will be held after Stage 4 in the Darley Village Hall. Only the first three prizes in each category will be presented on the day.

Please be patient with us as the final results may take time to complete. It's important we have checked and double checked. So at the end of the race, relax have some tea and eat some cake from the Race Café.....

Complaints

Any complaints should be sent to the race organiser in writing and within 24 hours of the event.

Many Thanks

- Simon Warren of Spirit Cycle Clothing.
- To Rich Houghton from Community Traffic Management.
- To all the volunteers who have ensured the event goes ahead.
- To all the officials for their continued support.
- To EMS for first aid and NEG for the moto race marshal support.